

LONG TERM PLAN FOR PE



	Reception	Y1/2	Y3/4	Y5/6
Autumn 1	Co-ordination Multi-skills	Tennis Multi-skills	Outdoor and Adventurous Activities Netball Swimming	Outdoor and Adventurous Activities Netball
Autumn 2	Balance Multi-skills	Basketball Outdoor and Adventurous Activities	Football Hockey Swimming	Football Dance
Spring 1	Throwing and Catching Gymnastics	Gymnastics Hockey	Gymnastics Dodgeball Swimming	Tag Rugby Gymnastics
Spring 2	Outdoor and Adventurous Activities Team games (invasion)	Football Tag Rugby	Basketball Tag Rugby	Tennis Swimming
Summer 1	Athletics Team games (striking and fielding)	Athletics Rounders	Athletics Cricket/Rounders	Athletics Swimming
Summer 2	Athletics Team games (striking and fielding)	Athletics Cricket	Athletics Tennis	Athletics Rounders / Cricket Swimming

Dance is covered through whole school enrichment days throughout the year.