



# LONG TERM PLAN FOR PE

## CYCLE A

*In some cases, Coach Unlimited will teach the grey units.*

	Reception	Y1/2	Y3/4	Y5/6
Autumn 1 8 weeks	First PE / Enjoy a ball- PPP scheme Multi-skills (CU Lead)	Rugby FUNdamentals Y1 Multi-skills (CU lead)	Netball PPP Hockey - CU Lead	SWIMMING Hockey - CU lead
Autumn 2 7 weeks	Multiskills PPP Invasion games (CU Lead)	Indoor Athletics PPP Y1 Invasion games (CU lead)	Dodgeball Football - CU lead	Indoor Athletics PPP Tag Rugby - CU lead
Spring 1 6 weeks	Jungle Dance or Superhero Dance Gymnastics (CU Lead)	Dance Y1 Gymnastics (CU lead)	Dance PPP Gymnastics CU lead	Fitness PPP Gymnastics CU lead
Spring 2 7 weeks	Football FUNdamentals PPP Outdoor and Adventurous Activities (CU lead)	Football FUNdamentals PPP Y1 Outdoor and Adventurous Activities (CU lead)	Fitness PPP Outdoor and Adventurous Activities (CU lead)	Netball PPP Outdoor and Adventurous Activities (Year 6 Planning)
Summer 1 4 weeks	Fitness and Fundamentals PPP Athletics - CU lead	Tennis PPP Y1 Athletics - CU lead	Tennis PPP Athletics (CU lead)	Rounders Athletics (CU lead)
Summer 2 7 weeks	Athletics PPP Team games (striking and fielding) - CU lead	Ball Games PPP Y1 Team games (striking and fielding) - CU lead	Rounders PPP Y3 Cricket (CU lead)	Athletics Cricket (CU lead)

# LONG TERM PLAN FOR PE

## CYCLE B



	Reception	Y1/2	Y3/4	Y5/6
Autumn 1 8 weeks	First PE / Enjoy a ball- PPP Multi-skills (CU Lead)	Dodgeball PPP Multi-skills (CU lead)	Basketball Tag Rugby - CU Lead	SWIMMING Netball - CU lead
Autumn 2 7 weeks	Multiskills PPP Invasion games (CU Lead)	Indoor Athletics (Y2) PPP Invasion games (CU lead)	Indoor Athletics PPP Hockey - CU lead	Indoor Athletics PPP Dodgeball - CU lead
Spring 1 5 weeks	Jungle Dance or Superhero Dance Gymnastics (CU Lead)	Dance Gymnastics (CU lead)	Dance Gymnastics CU lead	Dance Gymnastics CU lead
Spring 2 5 weeks	Football FUNDamentals PPP Outdoor and Adventurous Activities (CU lead)	Fitness Outdoor and Adventurous Activities (CU lead)	Football Outdoor and Adventurous Activities (CU lead)	Tennis Outdoor and Adventurous Activities (Y5 planning)
Summer 1 7 weeks	Fitness and Fundamentals PPP Athletics - CU lead	Tennis PPP Y2 Athletics - CU lead	Multiskills PPP Y4 Athletics	Cricket Athletics
Summer 2 7 weeks	Athletics PPP Team games (striking and fielding) - CU lead	Ball Games PPP Y2 Team games (striking and fielding) - CU lead	Rounders PPP Y4 Cricket (CU lead)	Athletics - Rounders (CU lead)